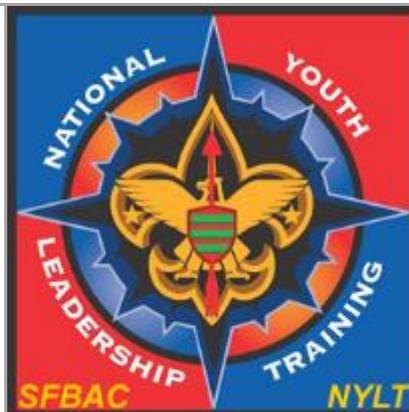


# What is NYLT?

## NYLT Course Overview

This course models a month in the life of a youth-lead troop or crew – three meetings (one each day for the first three days), all leading up to a big outdoor experience (an overnight outpost camp). This course uses the patrol/team method and presents model unit-level meetings.

Throughout the course, the staff will be modeling the concepts and skills that are the core content of the course. The focus of each session is not only knowledge but also giving the participants a “Toolbox of Skills” that equips them with the “how.”



## The NYLT Skill Set

<p><b>Communicating Well (Effective Communications):</b> Understand that the skills of communicating well are not just for presentations but can be used whenever one is sharing ideas. Learn to communicate with Adults.</p>	<p><b>Leading EDGE:</b> Describe the 4 leadership approaches included in the leading Edge (Explaining, Demonstrating, Guiding, Enabling) and apply them to team development.</p>
<p><b>Finding Your Vision (Team and Personal Vision):</b> Vision as what future success looks like (team or personal).</p>	<p><b>Teaching EDGE:</b> Describe the 4 steps of the Teaching Edge (Explain, Demonstrate, Guide, Enable) and how to use effective communications skills as a tool for teaching.</p>
<p><b>Setting Your Goals:</b> What are Smart Goals and how to use them to achieve your vision.</p>	<p><b>Resolving Conflicts:</b> Describe ways that a good leader minimizes conflict. Learn how to use EAR as a tool for resolving conflict (Express, Address, Resolve). When is Adult involvement needed.</p>
<p><b>Preparing Your Plans:</b> Use of planning as a step in reaching goals and fulfilling visions.</p>	<p><b>Making Ethical Decisions:</b> Give a definition for “ethics” and discuss the importance of ethical decision-making (use the Scout Oath and Law or Venturing Oath and Code)</p>
<p><b>Forming Your Team:</b> Describe the phases that a patrol or team will experience as members move toward achieving goals or learning new skills (Forming, Storming, Norming, Performing).</p>	<p><b>Leading Yourself:</b> Discuss the importance of having a personal vision and the phases of personal development (Forming, Storming, Norming, Performing).</p>
<p><b>Problem Solving:</b> Discuss the similarities between Planning and Problem Solving.</p>	<p><b>Valuing People:</b> Use the Scout Oath and Law or Venturing Oath and Code as a guide in valuing other people. How to act in an ethical manner in our dealings with people whose core values differ from ours. Use ROPE (Reach, Organize, Practice, Experience) to strengthen the patrols/troops programs.</p>

## The Tool Box and Memory Joggers (NYLT specific skills)

- **Vision – Goals – Planning** – Creating a positive future
  - **Smart Goals** – Specific, Measurable, Achievable, Relevant, Timely
  - **Planning Tools** – What, How, When, Who
  - **Assessment Tool** – SSC – Start/Stop/Continue
  - **Teaching EDGE** – Explain, Demonstrate, Guide, Enable
  - **Stages of Team Development** – Forming, Storming, Norming, Performing
  - **Leading EDGE** - Explain, Demonstrate, Guide, Enable
  - **CONFLICT RESOLUTION TOOL** – EAR – Express, Address, Resolve
  - **ROPE** – Reach out, Organize, Practice, Experience
- Be, Know, Do –**
- **The BE of leadership** – find your vision, setting goals, making ethical decisions, leading yourself, leading others
  - **The KNOW of leadership** – the skills of teaching and leading to help the group achieve its goals
  - **The DO of leadership** – a toolbox of communicating effectively, solving problems, and resolving conflicts

## What else do participants learn and experience?

### Opening Campfire

Experience a model for running a successful campfire – well-planned, interesting, and no longer than necessary. Voice-over narrator explains what participants are seeing.

### (Daily) Patrol Leaders Council or Crew Leaders Council Meetings

Learn what is a Leaders Council and how a it should run. Learn what are the roles and responsibilities of all attendees. See an example of a boy-lead troop in action. All participants attend a model Leaders Council where a Voice-over narrator explains what participants are seeing.

### (Daily) Troop or Crew Meeting

Conduct a well-prepared troop meeting (7 parts) using a Troop/Crew Meeting Plan. Use TEACHING EDGE to teach a skill, Conduct an inter-patrol activity based on the Teaching EDGE skill. All participants attend a model Troop/Crew Meeting where a Voice-over narrator explains what participants are seeing

### Worship Service

Experience an appropriate Worship Service. Learn how to plan a Worship Service and what is the importance of religious services for a Troop, Patrol, Team or Crew.

### (Daily) Patrol/Team Meeting

Learn what is the purpose of the patrol meeting and how a patrol/team meeting should run. Learn what are the roles and responsibilities of all attendees. Learn to use Stop/Start/Continue to evaluate Patrol Performance.